



The Success Mindset: Aligning with Purpose, Breaking Patterns, and Leading a Life You Love

By: Lindsay Daudistel, RN, BSN, CDP

Repeat these affirmations:



Today, I show up as my highest self— with clarity, confidence, and compassion



Everything I need to grow, thrive, and succeed is already within me.



I am the creator of my reality. What I believe, speak, and feel is shaping my world—starting now

My Story



What does success look like for you?

Paradigms & Emotional Intelligence



Paradigms

Deep-seated patterns from past programming shape your thoughts and actions.



Emotional Intelligence

EQ is a leader's superpower—understand your triggers and responses.



Break the Pattern

Pause, feel, name the emotion, shift, and choose a new belief.





The Trap of Toxic Positivity



Beyond 'Just Think Positive'
Skipping the work and forcing positivity is self-gaslighting.



Transmute Negativity
Identify the root, feel it, learn from it, and flip the belief.

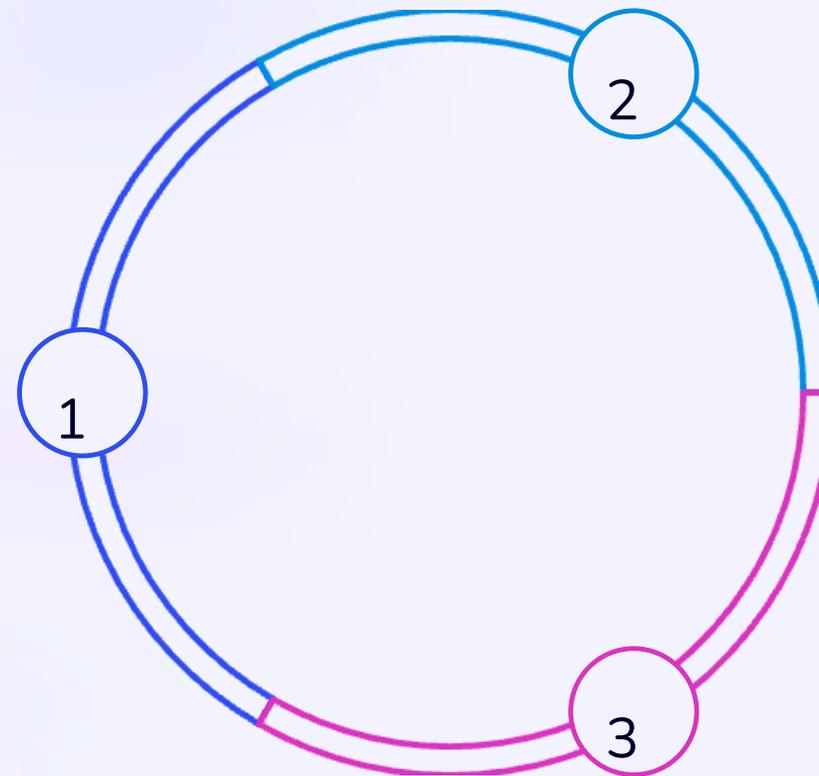


Example Shift
“Nobody appreciates me” → “I am learning to appreciate myself.”

Universal Laws & Manifestation

Thoughts Become Reality

Your thoughts shape words, actions, habits, and results.



Universal Laws

- Attraction: Like attracts like.
- Cause & Effect: What you give, you get.
- Polarity: Everything has an opposite

Manifesting Your Dreams

More than just wanting

Self-Sabotage & Identity Shifts

- 1** — Hidden Patterns
“That’s just who I am” limits growth and change.
- 2** — Victim to Creator
Shift from “This is happening to me” to “What am I learning?”
- 3** — Identity First
Embody the version of you who already has the success you want.



Leadership Through Energy & Presence

Walking Vibration

Your energy enters the room before you do.

Being vs. Doing

True leadership is about who you are, not just what you do.

Ripple Effects

Model resilience, faith, and compassion to inspire your team.

Integration & Mindset Challenge

1

Daily Practices

- Set morning intentions
- Breathe or pray
- Positive self-talk

2

7-Day Challenge

- Replace one limiting belief daily
- Act as your higher self
- Practice gratitude

3

Affirmations

“I am aligned with my purpose.” “I trust everything is working for my highest good.”



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