Self-Monitoring of Asymptomatic Healthcare Personnel (HCP)

Instructions: HCP should check their temperature and complete this form twice daily for 14 days after the date of the last exposure. If temperature is above or equal to 38.0°C/100.0°F, HCP report subjective fevers, or any of the following symptoms, they should self-isolate and notify their healthcare facility or call their local public health department. They should ensure their temperature is below 38.0°C/100.0°F and that they don't have any of the following symptoms before they leave home and report to work.

Name			Employee ID #			Phone		Email		Job Title			Supervisor		Date of last exposure		
Day # After Exposure	Date	Time	Temp	Symptoms (check if you have any of the following)													
				Subjective Fever	Cough	Sore throat	Shortness of breath	Runny Nose	Chills	Muscle aches	Headache	Fatigue	Abdominal Pain	Nausea or Vomiting	Diarrhea	None	Other
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