# Personal Protective Equipment (PPE) Competency Validation

## Donning and Doffing – Gown, Gloves, Mask or Respirator, Eye Protection

### Donning PPE

<table>
<thead>
<tr>
<th>Correct</th>
<th>Incorrect</th>
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<tbody>
<tr>
<td>1. Perform Hand Hygiene</td>
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</tbody>
</table>
| 2. Don Gown:  
  - Fully covering torso from neck to knees, arms to end of wrists  
  - Fasten in the back of neck and waist | |
| 3. Don Mask or NIOSH approved, fit-tested N95 (or equivalent)  
  - Secure ties/elastic bands at middle of head & neck  
  - Fit flexible band to nose bridge  
  - Fit snug to face and below chin | |
| 4. Don Goggles or Face Shield:  
  - Place over face and eyes and adjust to fit | |
| 5. Don Gloves:  
  - Extend to cover wrist of gown | |

### Doffing PPE

<table>
<thead>
<tr>
<th>Correct</th>
<th>Incorrect</th>
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</table>
| 1. Remove Gloves:  
  - Using a gloved hand, grasp outside of glove with opposite gloved hand; peel off  
  - Hold removed glove in the opposite gloved hand  
  - Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove  
  - Discard gloves in waste container  
  - Outside of the gloves are contaminated. If your hands get contaminated during glove removal, immediately wash your hands or use alcohol-based hand sanitizer | |
| 2. Remove Goggles or Face Shield:  
  - Remove from the back by lifting head band or ear pieces  
  - Discard in designated receptacle if re-processed or in waste container  
  - Outside of the goggles or face shield are contaminated. If your hands get contaminated during goggles or face shield removal, immediately wash your hands or use alcohol-based hand sanitizer | |
| 3. Remove Gown:  
  - Unfasten ties/fastener taking care that sleeves don’t contact your body when reaching for ties  
  - Pull away from neck and shoulders, touching inside of gown only  
  - Turn gown inside out  
  - Fold or roll into bundle and discard  
  - Gown front and gown sleeves are contaminated. If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer | |
| 4. Remove Mask NIOSH approved, fit-tested N95 (or equivalent):  
  - Front of the mask is contaminated – DO NOT TOUCH!  
  - If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer  
  - Grasp bottom, then top ties or elastics and remove without touching the front of the mask  
  - Discard in waste container | |
| 5. Perform Hand Hygiene after removing all PPE  
  - Wash hands with soap and water for at least 20 seconds OR  
  - Use an alcohol-based hand sanitizer  
  - Perform hand hygiene between steps if hands become contaminated | |

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23. Staff correctly identifies the appropriate PPE for the following scenarios:

- a. Standard Precautions (PPE to be worn based on anticipated level of exposure)*
- b. Contact/Contact Enteric Precautions (gown & gloves)
- c. Droplet Precautions (surgical mask with eye protection)
- d. Airborne Precautions (OSHA approved, fit-tested respirator if applicable)

**Comments or follow up actions:**